

Friday 2nd & Saturday 3rd December 2022 www.grizedalestages.co.uk Furness District Motor Club Ltd















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Grizedale Stages Rally 2022

FINAL INSTRUCTIONS

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1.0 OVERVIEW



- 1.1 Coppermines Grizedale Stages Rally 2022 will be centred around Skelwith Fold Caravan Park but with MTC's (Starts and Finishes) at remote locations in Ambleside and Coniston. Rally HQ is in Coniston.
- 1.2 Skelwith Fold will host;
 - Trailer Park
 - Scrutineering
 - Pack Collection
 - Overnight Secure Parking
 - Main Service.
- 1.3 Skelwith Fold is 5 miles NE of Coniston, and 1.25 miles SW of Ambleside.
- 1.4 The Start (MTC1) is in Ambleside from 17:30hrs. Stage 1, in the dark, is in Grizedale East. The Finish (MTC2) is at High Cross.
- 1.5 There are no Parc Ferme rules overnight. Competitors are free to go to their overnight accommodation, or Skelwith Fold will be available for overnight parking of service vans and rally cars between 21:00hrs Friday and 08:00hrs Saturday. Servicing work will be permitted at Skelwith Fold during opening hours. It is unrestricted elsewhere but please be considerate to local residents.
- 1.6 The Restart (MTC3) is in Coniston from 10:00hrs. Stages 2 and 3 are in Grizedale West, followed by Main Service at Skelwith Fold and Regroup. Stage 4 is a combination of Stages 2 & 3. The Finish (MTC4) is in Coniston.
- 1.7 The distances between all the locations are small and we would not expect rally cars to be trailered between them.

2.0 EVENT PRINCIPAL LOCATIONS



•	Trailer Fairt			
	Scrutineering -	Skelwith Fold	LA22 0HY	///knots.interview.wiser
•	Pack Collection J			
•	MTC1	Rydal Road, Ambleside	LA22 9AZ	///booms.imperious.cared
•	SS1	Grizedale East	LA12 8LQ	///jacuzzi.engineers.zapped
•	MTC2	High Cross	LA22 0PP	///terminal.workbench.painting
•	Overnight Parking	Skelwith Fold	LA22 0HY	/// knots.interview.wiser
•	MTC3	Ruskin Ave, Coniston	LA21 8ED	///finally.darts.skid
•	SS2 & 3	Grizedale West	LA21 8AF	///regulator.often.rails

•	Main Service	Skelwith Fold	LA22 0HY	///flinches.posed.sprouting
•	Regroup In	Skelwith Fold	LA22 0HY	///spectacle.forks.translated
•	SS4	Grizedale West	LA21 8AF	/// regulator.often.rails
•	MTC4	Ruskin Ave, Coniston	LA21 8ED	///finally.darts.skid

3.0 DIRECTIONS TO SKELWITH FOLD



3.1 From the South;

Exit the M6 at Junction 36, turn Left onto the A591. Follow the A591, by-passing Kendal, to Windermere. Continue on the A591 signposted Ambleside. At the first set of lights on the outskirts of Ambleside fork left, signposted Coniston. After 0.5 miles turn left onto the A593 over a narrow bridge, signposted Coniston. After 0.5 miles turn Left down a steep hill and over a narrow bridge on the B5286 signposted "Hawkshead B5286 and Skelwith Fold". **Skelwith Fold** is 0.8 miles on the Right.

3.2 From the North;

Exit the M6 at Junction 40. Turn right onto the A66 signposted Keswick. Follow the A66 for approx 12.5 miles to Threlkeld. Turn left onto the B5322, signposted "St Johns-in-the-Vale". At the end of this road turn left onto the A591. Follow to Ambleside. In the town turn right signposted "Coniston A593" opposite the BP garage. Continue following signs for Coniston. Once on the A593, (over a narrow bridge), turn Left after 0.5 miles down a steep hill and over a narrow bridge onto the B5286 (signposted "Hawkshead B5286 and Skelwith Fold"). **Skelwith Fold** is 0.8 miles on the Right.

4.0 SKELWITH FOLD GENERAL INFORMATION



4.1 Opening Hours;

Friday 2nd December 2022
Saturday 3rd December 2022
12:00hrs to 21:00hrs
08:00hrs to 18:00hrs

NOTE; No entry into Skelwith Fold via the Main Entrance will be allowed after 10:30hrs on Saturday.

- 4.2 Skelwith Fold is an 'out-of-season' caravan park set in 104 acres of woodland. The main road within the site (the "Red Road" because it's made of red tarmac) runs from the "Main Entrance" to the "Back Gate".
- 4.3 A One-Way System runs from the security barrier after the Main Entrance to the Back Gate. (This will be reversed at 10:30hrs on Saturday)

- 4.4 The Trailer Park and Scrutineering areas are half-way up the Red Road, just beyond the offices.
- 4.5 The Servicing Areas, three gravel areas normally used by touring caravans, are at the top of the Red Road, near the Back Gate.
- 4.6 Vehicles over 3.5t or trailers will not fit down the very narrow public roads out of the Back Gate.

 Therefore, if you want to leave after Scrutineering you MUST follow the One-Way System that will take you on the minor side roads back round to the Security Barrier near the Main Entrance.
- 4.7 All other vehicles Rally Car, Crew Transport, Service Vans under 3.5t should exit at the Back Gate.
- 4.8 You can leave your Service Van and/or Rally Car overnight at Skelwith Fold.
- 4.9 Overnight occupation of Motor Homes (but not caravans) will be allowed, however these MUST NOT be left in the Servicing Areas.

5.0 ACCESS TO SKELWITH FOLD

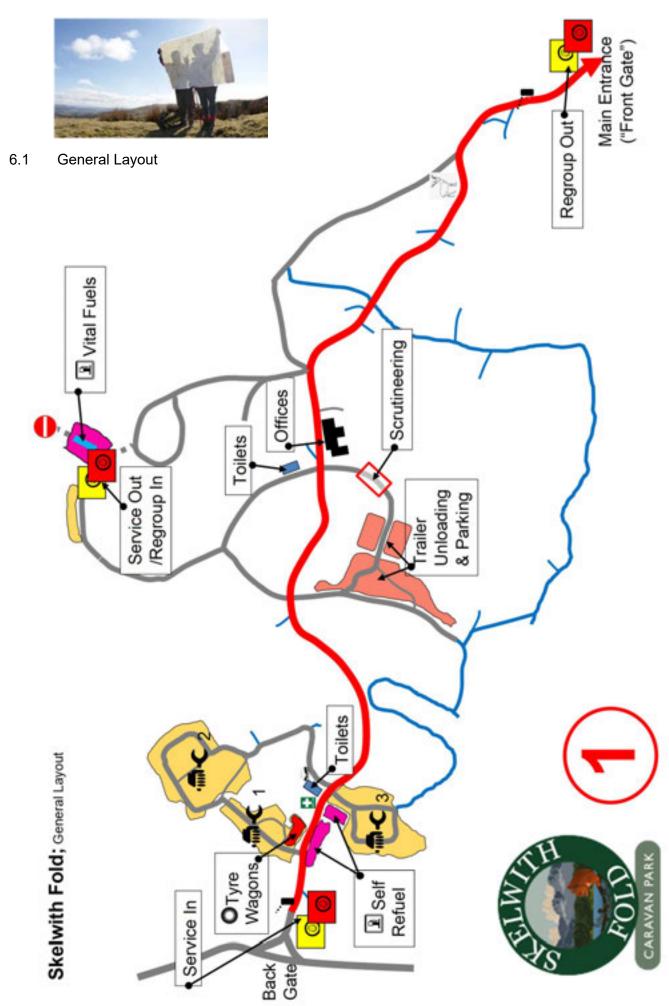


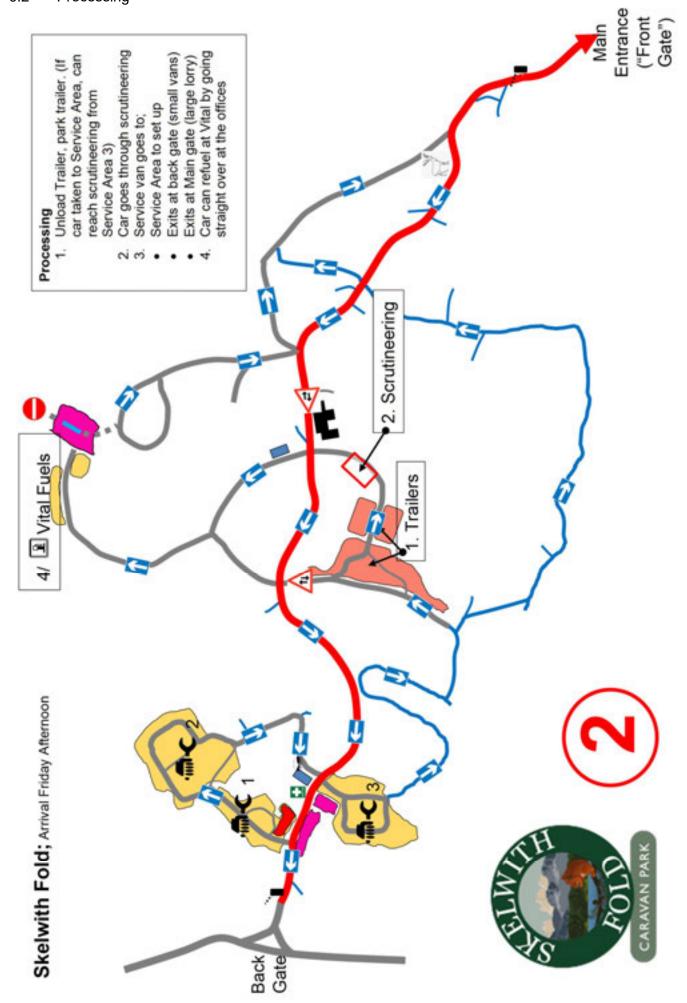
- 5.1 Your rally entry included;
 - 1x Rally Car
 - 1x Service Van
 - 1x Trailer.
- 5.2 However, we recognise that if you leave your Rally Car and/or Service Van at Skelwith Fold overnight, you will also need a "Crew Vehicle" to collect your team members and bring them back on Saturday morning.
- 5.3 Therefore, each team will be allocated TWO vehicle passes by Security at the Entrance of Skelwith Fold, one for the Service Van and one for a Crew Vehicle (if required).
- 5.4 PASSES MUST BE STUCK TO THE WINDSCREEN OF EVERY SERVICE VAN AND CREW VEHICLE WHILST ON SITE.
- Note that any further passes will be chargeable at £20 each on application to the Entries Secretary by email by 30/11/22 latest. These can be collected from Security on the Main Gate.
- 5.6 On Friday 2nd December 2022:
 - The ONLY entry will be at the Main Entrance from 12:00hrs. Scrutineering runs from 13:00hrs to 16:00hrs. After Scrutineering, we would expect Rally Cars to head to the Start (MTC1) in Ambleside via the Back Gate.
 - Rally Cars may return after SS1 from c.18:45hrs. Servicing work on cars will be allowed until 21:00hrs (NO REFUELLING IS PERMITTED)
 - The gates will be locked at 21:00hrs.

5.7 On Saturday 3rd December 2022:

- The gates will be opened at 08:00hrs.
- Restart (MTC3) is in Coniston. Therefore, any Rally Car left overnight in Skelwith Fold will need to leave – via the Back Gate – at least 30 minutes before their due Start Time (FCD 10:00hrs at MTC3)
- NOTE: The One-Way System will be reversed at 10:30hrs and the Back Gate will be closed.
 - Rally Cars will arrive for Main Service through the Back Gate. FCD 11:12hrs.

6.0 LAYOUT OF SKELWITH FOLD





7.0 PROCESSING

(Also see Process Card)

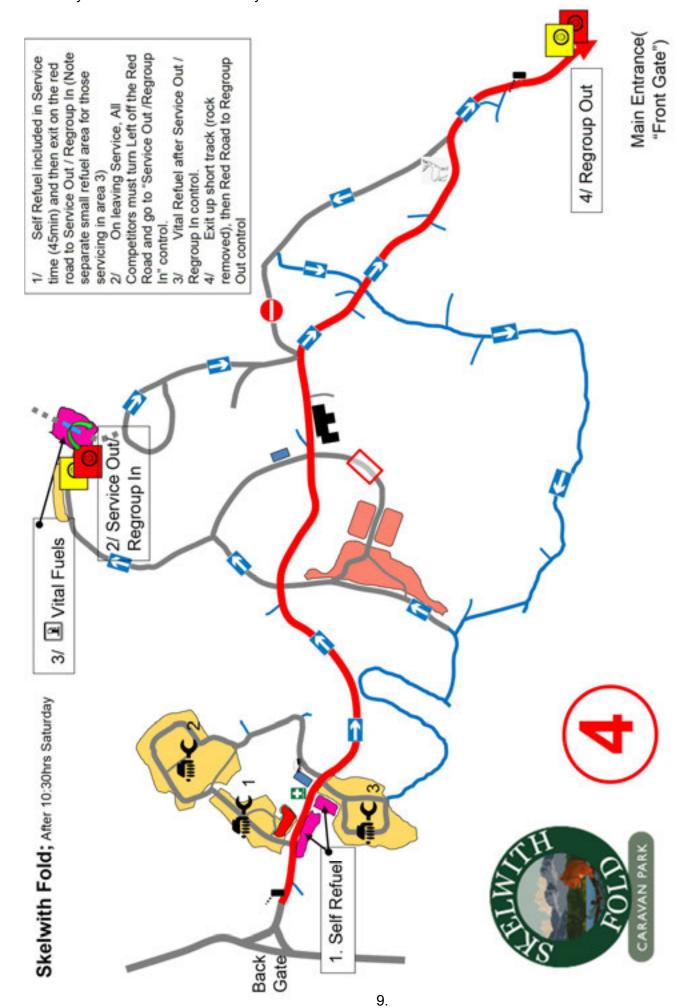
- 7.1 1/ Unload Your Trailer / Park Your Trailer [Friday from 12:00hrs]
 - Take the 2nd turn on the Left after the Offices. Unload your Rally Car and park the trailer in the designated areas. Please, park neatly!!
 - Remove your Service Van to the Service Areas <u>immediately</u>, DO NOT LEAVE IT IN THE TRAILER PARK WHILST YOUR RALLY CAR GOES THROUGH SCRUTINEERING.
- 7.2 2/ Noise and Scrutineering [Friday 13:00hrs to 16:00hrs]
 - The Noise Test will be conducted in the compound between the Trailer Park and the Offices. Door Plates will be issued here and should be fitted prior to Scrutineering.
 - Scrutineering will take place in a marguee in the next Compound.
 - Present your car in the condition it is going to start the first stage. ie With lights/light pod attached, in-car camera installed, if you are using one.
- 7.3 3/ Pack Collection [Friday 13:00hrs to 16:00hrs]
 - On successful completion of Scrutineering present your process card to collect your pack from the Entries Desk at the end of the marquee. The Official Noticeboard will be located here.

PLEASE AVOID CONGESTION – DO NOT LEAVE SERVICE VANS OR CREW VEHICLES IN THE TRAILER PARK OR SCRUTINEERING AREA.

8.0 SERVICING



- 8.1 There are 3 areas for Servicing, near to the Back Gate.
- 8.2 Individual bays are not marked, but on average you have 7 metres per competing car. Please cooperate with your fellow competitors by taking the minimum space you need, or combine with a competitor seeded at least 45 cars away from you. Do not leave gaps between service bays.
- 8.3 You may set up on arrival on Friday. "Servicing" of your Rally Car if it is being left at Skelwith Fold overnight on Friday is allowed. REFUELLING IS SPECIFICALLY EXCLUDED.
- 8.4 No work may be carried out after 21:00hrs The gates will be locked then and First Aid cover will be stood down.
- 8.5 There is one Main Service on Saturday of 45 minutes. FCD 11:12hrs
- 8.6 If you are Self-Refuelling, this is included within the 45 minutes.
- 8.7 If you are using Vital Fuels, this will take place after the 45 minutes and within the time for Regroup.



AFTER 17:00hrs on FRIDAY and AFTER 10:00hrs on SATURDAY ABSOLUTELY NO TRAILERS OR CREW VEHICLES WILL ALLOWED IN THE SERVICE AREAS.

- Trailers should have been parked in the Trailer Park.
- Crew Vehicles; There are 300 static caravans at Skelwith Fold, each with its' own parking space. Crew transport can be left in any of these – just remember where you left it!!

9.0 REFUELLING



Competitors have 3 options when refuelling:

9.1 Self Refuel.

Self-Refuel is NOT allowed in your service bay. There is a designated "Self-Refuel Zone" and any self-refuelling MUST be undertaken in this area.

There is one Self-Refuel Zone for Service Areas 1 and 2, and a separate one for Service Area 3. The Refuel Zones are adjacent to each other.

<u>Fuel must be transported to the Self-Refuel Zone on foot</u>, DO NOT attempt to take it there by vehicle. We estimate the *maximum* distance you will need to transport fuel is 150m.

Self-Refuel will need to take place WITHIN the 45 minutes Service allowance.

9.2 Vital Fuels.

This will be located in a separate compound after the Service Out/Regroup In time control.

Opening Times will be;

Friday 2nd December 14:00hrs – 17:30hrs

Saturday 3rd December 08:00hrs – 10:30hrs, and after Main Service (FCD 11:57hrs)

On Friday and on Saturday morning, Vital Fuels should be accessed from the Scrutineering area. Note that due to the one-way system, the Scrutineering area can only be reached via Service Area 3.

On Saturday, Vital Fuels refuel will take place AFTER the 45 minutes Service allowance, during the "dead time" of Regroup.

Fuel must be ordered by 25/11/22 at the following link; <u>Grizedale Stages Fuel Order Form</u> (vitalequipment.co.uk)

9.3 Refuel at public fuel stations as marked in the road book.

10.0 **EVENT SCHEDULE**



Coppermines Grizedale Stages Rally 2022

	42 May 2022
v6.0	13-Nov-2022

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Fric	шу,	20	AD:	seimi	DOT:	40	"

TC	Location	SS Dist.	Liaison Dist.	Total Dist.	Target	First Car
SS	100.000 (0.00000)	Miles	Miles	Miles	Time	Due
RZ			0.50	(*)		
1	Distance to next refuel	(4.79)	(14.04)	(18.83)		
MTC 1	Rydal Road - Ambleside					17:30
1		•0	10.19		0:35	18:05
SS 1	Grizedale East - Kirkby Lonsdale Motor Clu	rb		-		18:08
SF 1		4.79			0:06	18:14
MTC 2	High Cross		3.85	-	0:15	18:29
	Friday Totals	4.79	14.04	18.83	ann ann an an	
			Sunrise - Co	niston	08:12	
- 1	D Grizedale Stages Rally Not for publication without written	n	Sunset - Cor	niston	15:53	

Saturday, 3 December 2022

TC	Location	SS Dist.	Liaison Dis	t. Total Dist.	Target	First Ca
SS		Miles	Miles	Miles	Time	Due
RZ		-	1000000		-710000	5 7 5 7 7 5 7
2	Distance to next refuel	(17.70)	(12.92)	(30.62)		
MTC 3	Coniston			75 77	136 m (s-c)	10:00
2		-	2.13		0:10	10:10
SS 2	Grizedale North - Fieldside	-	-			10:13
SF 2		8.51			0:10	10:23
3		-	0.59	-	0:05	10:28
SS 3	Grizedale South - Hillside		-	-		10:31
SF 3		9.19	-	-	0:11	10:42
ЗА	Service - In		10.20		0:30	11:12
27,000	Service A - Skelwith Fold	(22.49)	(26.96)	(49.45)	0:45	0+90004
3B	Service - Out & Regroup - In	-	-			11:57
3C	Regroup - Out	200			0:30	12:27
RZ		* .		(.*)		550011400
3	Distance to next refuel	(18.55)	(8.51)	(27.06)		
4	\$25 Company (1997)	-	3.92		0:15	12:42
SS 4	Grizedale West - Fieldside & Hillside	-		-		12:45
SF 4		18.55	-	-	0:22	13:07
MTC 4	Finish - Coniston		4.59		0:15	13:22
	Saturday Totals	36.25	11.23	47.48		
	Certification (Applied Countries)			Sunrise - Co	oniston	08:14
	Crizedale Stages Rally Not for publication without w	ritten permissio	n	Sunset - Co	niston	15:52

TOTALS OF THE RALLY					
TOTAL TOTAL CONTRACTOR OF THE STATE OF	SS	Liaison	Total	55,000,000	%
Friday, 2 December 2022 Sections 1 - 1 SS	4.79	14.04	18.83	Special Stages	25.4%
Saturday, 3 December 2022 Sections 2 & 3 - 3 SS	36.25	11.23	47.48	Special Stages	76.3%
Total - 6 SS	41.04	25.27	66.31		61.9%

11.0 **RALLY HQ**



- 11.1 Rally HQ will be in Coniston Institute.
- 11.2 Results, Tracking, Rally Control, Clerk of the Course and Motorsport UK Steward will be based here for the duration of the event. A significant supply of cakes will also be present. Telephone 07725 201 705

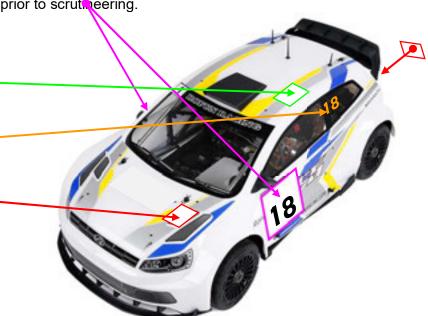
DOOR PLATES AND RALLY PLATES etc 12.0

"Traditional" door plates (easier for timing crews to read in the dark!!) will be issued at Noise

Test. These should be fitted prior to scrutineering.

In your Rally Pack you will find;

- Previous Car. Affix to the roof above the Navigators head
- Hi Vis numbers. Affix to the rear windows
- Rally Plates. Affix one to the bonnet, Navigators side. Fix the other to the tailgate.



13.0 **MEDICAL CONDITIONS**



- Competitors who have medical conditions which should be brought to the attention of medical staff 13.1 in the event of an accident can email – in confidence – the Chief Medical Officer, Martin Turner, at CMO2022@grizedalestages.co.uk prior to the event.
- Alternatively, a sealed envelope should be left at Pack Collection, addressed to Martin Turner and 13.2 marked "Confidential", with your competing car number

14.0 MTC's Friday:

Start: MTC1

Will be at Rydal Road Car Park, Ambleside Will be at Forest England Car Park, High Cross.

Finish: MTC2

12.

- Restart: MTC3 Will be at Ruskin Avenue Car Park, Coniston. Do NOT turn up more than 20 minutes before your due start time.
- Finish: MTC4 Will be at Ruskin Avenue Car Park, Coniston. If you intend bringing a trailer to collect your Rally Car from MTC4, DO NOT try to enter Ruskin Avenue Car Park. You can use the John Ruskin school car park, LA21 8EW ///gathering.slept.brain tom load your trailer.

15.0 CONTACTLESS TIMING

- 15.1 Coppermines Grizedale Stages Rally 2022 will be operating "Contactless Timing".
- 15.2 Your Time Cards are simply there for your own records. They will not be handed in at any Time Controls. Passage Controls etc.
- 15.3 When you reach a Time Control (MTC, Arrival, Stage start, Stage stop line, Service time control etc) the marshals will show you your time on an electronic clock. This is the time that will be automatically transmitted to the results team.
- 15.4 You should write this on your Time Cards. The marshals will transfer their Check Sheet to the results team electronically.
- 15.5 Queries may be submitted to the Results Team at any point by scanning the QR code and following the instructions on each timecard.
- 15.6 Provisional results and Final results will be announced by Sportity.

16.0 RESULTS

16.1 Results will be available online throughout the rally at Rallies.info

17.0 PRIZES

- 17.1 Will be handed out at MTC4.
- 17.2 We require the Top 3 overall to gather for a photo at the finish, so nobody plan to rush off immediately.

18.0 DRIVING BEHAVIOUR



- 18.1 Competitors are reminded of Section 170 of the Road Traffic Act 1988 and Rule 286 of the Highway Code. Any injury incidents must be reported to the Police Authority. Details must also be included in the Stewards Report to Motorsport UK.
- 18.2 Some "Road Sections" are on forest tracks. The speed limit on these tracks is 20mph. Your actual speed can be seen by the organisers via your Tracker. Do NOT turn your Tracker off at any point during the event we will treat this the same as if you break the speed limit. Your tracker will "go to sleep" overnight and will need to be restarted on Saturday morning.

19.0 ACCIDENT AND SAFETY PROCEDURE, RED FLAG PROCEDURE and FIRST ON SCENE



- 19.1 Your SportTraxx tracker will be fitted at Rydal Road Car Park, Ambleside, prior to MTC1, so ensure you turn up with sufficient time, before your due start time.
- 19.2 You may be an experienced competitor, but do you know what to do if you stop on a stage? This is comprehensively covered on Pages 1 to 3 of your Road Book. Please read.
- 19.3 Your Tracker should be used both in the event of mechanical breakdown as well as accident, not just for accidents involving injury.
- 19.4 The Red Flag Procedure details what to do if you come across a fellow competitor who has had an accident, and what to do if you are shown a Red Flag.
- 19.5 First on Scene covers the procedure you should adopt should you be the first on the scene of a serious accident.

PLEASE READ AND DIGEST THIS INFORMATION

20.0 SAFETY NOTES





- 20.1 Safety Notes are available from both Pattersons and On The Pacenotes.
- 20.2 Maps are available from Pine Lodge Maps see separate advert.

21.0 PETROL STATIONS



- 21.1 There are BP petrol stations at Ambleside and Coniston. These are open 07:00hrs to 22:00hrs and they stock "Ultimate" fuel.
- 21.2 There is an Esso petrol station at Troutbeck Bridge (between Windermere and Ambleside) open between 07:00hrs and 22:30hrs.



Competitors may purchase, direct from Pine Lodge
Maps, mapbooks with A4 pages of 1:50,000 Landranger
maps showing Rally Car Route, Service Areas, Special
Stages, Passage Controls, all Main and Time Controls,
Start & Finish Locations etc. A4 pages of 1:25,000
Explorer maps showing Special Stages in full detail.
Approved and authorised by event Organisers



e-mail: andy@pinelodgemaps.co.uk www.pinelodgemaps.co.uk

Tel: 0151 512 8080 - Mobile: 07500867235

22.0 CATERING



22.1 Traditional catering will be available, near the Toilet block, on Friday afternoon/evening and all day Saturday.

23.0 FIRST AID



23.1 First Aid will be available in the Service Area on Friday evening until 21:00hrs and Saturday all day. They can be found near the toilet block

24.0 TYRE WAGONS



- 24.1 A number of Tyre Suppliers may be in attendance. They will be located near the Back Gate, near the service areas. Attendance has been confirmed by;
 - Tyres South Shore. Ring Tony on 01253 761 362.

25.0 SECURITY



25.1 Here in the Lake District we have not traditionally had any security issues. However, do not be complacent; this is a relatively high profile event. The Police have been informed. Skelwith Fold is quite secure overnight: Between 21:00hrs on Friday and 08:00hrs on Saturday the entrance gates will be locked. We have marshals and security guards on site at all times.

26.0 SUPER RALLY



- 26.1 Should you be unfortunate enough to retire, Super Rally could allow you to get more mileage for your money. You will receive significant time penalties (5 mins per stage over and above stage maximum) Nevertheless, it's all about stage miles per £ of entry fee.
- 26.2 If you do retire in a stage, recovery will get take you out of the forest to one of 7 RV Locations (see below). From there, your service crew can recover you to Service where you will have the opportunity to repair the fault. **NOTE**; **Whilst we will endeavour to recover all cars that are stopped in stage, but we CANNOT guarantee this will happen due to time constraints.**
- 26.3 There are two opportunities to restart;
 - MTC3 (Restart on Saturday morning)
 - TC3c (Regroup Out on Saturday)
- 26.4 You may only restart in your seeded position with the same car and crew that started at MTC1
- 26.5 Before being allowed to restart under Super Rally, you must get permission off the Chief Scrutineer who will be available on 07754 805 819.
- 26.6 Depending on the cause of your retirement, the Chief Scrutineer may require that you re-present your car at the Scrutineering marquee in Skelwith Fold (eg In the event of damage)

27 RV LOCATIONS

N°	Name	OS Grid	Nearest Postcode	What Three Words
1	Entrance to Forest at The Heald, on the East of Lake road, South of Brantwood	SD 30803 94517	LA21 8AD	///addicted.crabmeat.
2*	Grizedale Visitor Centre	SD 33572 94361	LA22 0QJ	///cheerful.alongside. suits
3*	Entrance to Forest at Moor Top on the Hawkshead to Satterthwaite Road	SD 34280 96489	LA22 0QQ	///super.wisdom. villager
4	Entrance to Forest at Tinklers Wood, off the B5285, towards Atkinson Ground	SD 32560 98185	LA21 8AF	///grapevine. unearthly.mothering
7*	Entrance to Forest at Low Bowkerstead, south of Satterthwaite	SD 33604 91509	LA12 8LL	///business. workroom.weeded
8	Entrance to the Forest at High Cross on the B5285	SD 33224 98643	LA22 OPP	///warping.rich.coil
9*	Entrance to Forest at Blind Lane, east of Force Mills	SD 34530 91314	LA12 8LQ	///unusable.squirted. puzzles

^{*}RV's 2, 3, 7 and 9 MUST be approached via Dale Park (LA12 8LJ, ///roughest.samples.honey) and NOT via Roger Ground (LA22 0PZ, ///knee.dugouts.heads)

28.0 SPECTATORS

If Friends and family come to spectate;

	Car Park A	Car Park B	Car Park C	Car Park D
WHAT 3 WORDS	Bogle Crag ///checked. minimums. averts	High Cross ///scrambles. passes. shears	Moor Top grapevine. unearthly. mothering	Machells Coppice going. punctual. parked
<u>#</u>	LA12 8LS	LA22 0PP	LA22 0QQ	LA21 8AD
	SD337932	SD332986	SD341963	SD309951
	17:50hrs	10:03hrs	10:05hrs	10:08hrs
		12:35hrs	12:47hrs	12:50hrs

Car Parking is charged at £10 per car, payable on the gate or online via the "Spectators" page of the website www.grizedalestages.co.uk

29.0 AMENDMENTS (things that have changed or things we've cocked up)

- 29.1 SR17.3 and 17.4 states that the penalties for "driving like a loony" on a road section, or for "excessive sound" may go as far as 'exclusion'. The correct wording should be 'disqualification'. Either way, you're going to be chucked out.
- 29.2 Bob Hargreaves has stepped in and replaced Mike McVeigh as Event Steward.
- 29.3 Motorsport UK Steward is Steve Smith.